



**Allegheny
Highlands**
OF VIRGINIA

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START:

Enjoy breakfast in Clifton Forge, Covington or in between in Low Moor



NEXT: Visit the C&O Heritage Center in Clifton Forge for an exciting look at the history of the C&O Railroad. The center features restored rail cars, a signal tower and interpretive displays that tell the story of how the railroad affected Virginia and all of America.

details: **C&O Heritage Center**, 705 Main Street, Clifton Forge, VA 24422 • 540-862-8653 • www.candoheritage.org • Open Monday – Saturday 10:00 a.m. to 4:00 p.m. and Sunday 1:00 p.m. to 4:00 p.m. • Admission is Adults - \$8, children under 12 - \$5, COHS members and children under 2 - Free • **ALLOW 1 TO 3 HOURS**

NEXT: Stroll down Ridgeway Street in downtown Clifton Forge where you'll find lots of unique, locally-owned shops, restaurants and coffee shops.



NEXT: While on Ridgeway Street in Clifton Forge, visit the Allegheny Highlands Arts and Crafts Center, where 200+ artists display their work. You'll find watercolors, oil paintings, wood working, photography, pottery, stained glass, baskets or fiber, jewelry and much more.

details: **Allegheny Arts and Crafts Center**, 439 E. Ridgeway Street, Clifton Forge, VA 24422 • 540-862-4477 • www.highlandartsandcrafts.com • Open Monday – Saturday 10:00 a.m. to 4:30 p.m. and Sunday 1:00 p.m. to 4:00 p.m. from May to December and Tuesday – Saturday 10:00 a.m. to 4:30 p.m. from January to May • Admission is free • **ALLOW 30 MIN TO 2 HOURS**



NEXT: Head over to Covington. A few minutes west of downtown on Rt 60 (Midland Trail) is the famous Humpback Bridge. The bridge was built across Dunlap Creek in 1857 and is now on the National Register of Historic Places. The five-acre wayside park is a perfect spot for picnics or to simply relax and enjoy the view. Take your time and explore the site and take photos from every angle.

details: **Humpback Bridge**, Route 60, Covington, VA 24426 (3 miles west of downtown on Rt 60, or take I-64, Exit 10, then 1/2 mile east on Rt 60) • Admission is free • **ALLOW 30 MINUTES TO 1 HOUR, LONGER FOR PICNICS**



NEXT: Drive back into downtown Covington to visit the Covington C&O Depot on Maple Avenue, just two blocks off Main Street. Here, visit the restored 1890 and 1908 C&O Stations. These buildings are now gathering places for Highlands residents, a link to our past, and home to the Allegheny Historical Society.

details: **Covington C&O Depot**, 149 Maple Ave., Covington, VA 24426 • Tuesday – Friday 12:00 p.m. to 4:00 p.m. and Saturday – Sunday 2:00 p.m. to 4:00 p.m. • **ALLOW 30 MINUTES TO 1 HOUR TO VIEW THE CHANGING EXHIBITS**



NEXT: From Covington head north on Route 220 for eight miles to Falling Spring Falls. This breathtaking 80' rushing waterfall is one of the most visited spots in the Allegheny Highlands. One glimpse and you'll see why. A roadside overlook has an informational kiosk, picnic tables and a short walking path that affords a spectacular view of the falls and mountain ranges.

details: **Falling Spring Falls**, Rt 220, Covington, VA 24426 • Admission is free • **ALLOW 30 MINUTES, MORE IF YOU WISH TO EXPLORE FURTHER OR ENJOY A PICNIC BREAK**



MAP IT:

View a Google Map of this itinerary [here](#), or snap the QR code to the left with your smartphone.