



**Alleghany
Highlands**
OF VIRGINIA

visitalleghanyhighlands.com
540-962-2178 · 888-430-5786

48 HOURS IN THE ALLEGHANY HIGHLANDS

It's easy to get to the Alleghany Highlands, yet it couldn't be further from the stress of a hectic life. Beautiful mountain views, endless outdoor recreation and two walkable downtowns with locally owned shops and restaurants add up to a charming and adventurous way of life. We love sharing it with visitors. **It's Uniquely Alleghany!**

DAY ONE:

MORNING:

Start your day right with a fresh pastry and coffee to go from *The Way Coffee Shop* or *Caffe Museo*. You can also sit down and enjoy breakfast at *Penny's Diner*. Once you're fueled up and ready to go, hit the *North Mountain Trail*. At 6.8 miles out and back, you'll be treated to mountainous views of the Alleghany Highlands as far as the eyes can see. When you get back to town, stop at *Cucci's Pizzeria* for a sandwich with homemade bread and a slice of pizza.

AFTERNOON:

After lunch, stop by *Alleghany Outdoors*, the newest outfitter in the area. Enjoy a trip on the *Jackson River* by kayak, tube or canoe. A shuttle will take you to numerous boat launches of your choice, but a local favorite is at the *Smith Bridge boat launch* for a three to four-hour trip. This 10-mile section of the river has several rapids through crystal clear waters. You will encounter beautiful mountain cliffs and abundant wildlife along this exciting float.

EVENING:

Treat yourself to dinner at *The Rail Bar & Grille* with live music, the *Cat & Owl* for fresh steak and seafood or at *Café Michel* for an elegant French cuisine experience. Check in to one of several local inns, AirBnbs, or campsites for the night.

DAY TWO:

MORNING:

Start at the *Double C Café* for a breakfast menu full of tasty southern cooking options. Take a leisurely ride on the *Jackson River Scenic Trail*, a mostly flat, 14.4-mile rail trail that runs parallel to the water, if you don't have a bike – *Alleghany Outdoors* has you covered! Afterwards, hop in the car and go for a scenic drive through the area. Sit by the water at *Humpback Bridge*, the last of its kind in the United States. Pull off on the overlook on Route 220 to view *Falling Springs Falls*, a breathtaking 80-foot waterfall that is one of the most photographed spots in the county. Afterwards, head to *Trani's Grille* for wings, sandwiches, and more to keep your energy up.

AFTERNOON:

Park at *Douthat State Park*, known for its world-class single-track trails, for an exhilarating afternoon of mountain biking on *Stony Run* and *Middle Mountain Trail*. If you prefer to be on the water, *Lake Moomaw* has more than 40 miles of undeveloped shoreline and numerous hiking trails to enjoy.

EVENING:

Unwind with dinner at *Jack Mason's Tavern & Brewery*, a local staple for great food and locally brewed beer and head to the *Historic Masonic Theatre & Amphitheatre* for a movie or a show before turning in for the night.

